



# Black Belt Kids

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>FAMILY</b>						
Use Black Belt respect for my entire family						
Complete assigned chores						
<b>HOME</b>						
Make my bed						
Put personal belongings away						
Put dirty clothes in laundry						
Keep room tidy						
<b>SCHOOL</b>						
Complete homework						
Use Black Belt effort in class						
Use Black belt respect for teachers and classmates						
<b>PERSONAL DEVELOPMENT</b>						
Read or study outside of school						
Practice martial arts 15 minutes						

**Name:**

**Week (circle one):**    **1**    **2**    **3**    **4**

**Parent Signature:**

**Parents:** Our goal is to help your child develop confidence and self discipline. Your help in this activity will help your child feel good about themselves and proud of their accomplishments. Bringing one sheet each week of the month will earn one Dojo Dollar.